

**TRI-STATE AAU  
ELEMENTARY DUALS  
IA, NE, KA**

**DECEMBER 21st  
Council Bluffs, IA**



Saturday, December 21<sup>st</sup>  
Iowa Western Community College

**This is an AAU event and all wrestlers must have an AAU wrestling card.**

**Team Entry Fee is \$350**

Weight classes for the event are as follows: 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 97, 104, 112, 128 and 140. Each team is limited to 20 wrestlers per team and must be listed on your roster. You will be able to bump a wrestler up one weight for any match. Grade verification (report card or official letter from an elementary school authority) will be required for all wrestlers. This event is for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> & 6<sup>th</sup> graders. A wrestler cannot be in this event if he/she is 14 years or older. Please be prepared to show proof of age if challenged. Each team will be allowed 4 coaches. From your coaching staff, you must provide table help for each dual. There will be an official score keeper and a bopper. These duties should be divided between the 2 dual teams competing.

Address of Event:

Kanesville Arena  
Council Bluffs Iowa 51503

Go to for campus map <http://www.iwcc.edu/About/map.asp> (#14 on campus map)

Event Dates & Times:

Weigh-ins: Friday, December 20<sup>th</sup> from 5:00pm-9:00pm at Kanesville Arena  
Event: Saturday, December 21<sup>st</sup>, doors open at 7:30am and wrestling begins at 9:00am

Team Awards:

There will be team trophy for the championship team.

Individual Awards:

All wrestlers will receive an event medal based on their team place in the tournament. Each team that has a wrestler with 1 loss or is undefeated will be acknowledged as Tri-State Champions. The head coach of each team will be responsible for keeping track of their wrestler's record and then getting that information to the tournament director. Awards will be given to each Tri-State Champion. There will also be an award given for the fastest pin (again coaches are responsible for reporting the time to the tournament director).

Rules of Engagement:

National Federation High School Rules  
45 minute rest between matches not in effect  
Must make weight in singlet  
Skin ailment must have doctor's release  
Time periods are: 1 ½ minute (all 3 periods)

Bracketing:

2 teams from each of the 3 states will be drawn for bracket A the remaining teams will be bracket B "6 teams each bracket"  
Each team will Wrestler each team in their bracket once. Then winners of each bracket go for 1<sup>st</sup>. Runner-ups go for 3<sup>rd</sup> & so on.  
Should be 6 matches each Wrestler

Team entry fee & roster:

Make checks payable to High Voltage Wrestling, 12805 Traceview Loop, Council Bluffs, IA 51503.  
You will need to send a deposit of \$100.00 to hold your spot the first 4 teams from each state with deposit in will be in.  
The balance can be paid day of tournament.

Spectator entry fees/Concessions:

Adults - \$5.00  
Students (ages 5-17) - \$2.00  
4 & under – free  
Concessions will be available. Coolers are allowed.

Hotel information:

Council Bluffs hotels use the following link - <https://www.google.com/#q=hotels%20in%20council%20bluffs%20ia>

Contact info:

Tournament Director: Scott Porter  
Mobile #: 402-212-6177  
Email: [kainesville@live.com](mailto:kainesville@live.com)