

# Midwest Wisconsin Youth Team Duals



Hello Coaches and members of teams attending our team tournament on Saturday, January 17<sup>th</sup> 2014. We currently have 13 teams 6 in the k-6<sup>th</sup> and 7 in the 5<sup>th</sup>-8<sup>th</sup>. You will be provided a list of teams when that format has been finalized

## Pre-Tournament Information

**If you would like to send payment before the tournament that would be preferred or you can pay the day of the tournament at Admissions. This is also where you will pick up your coaches folder.**

Send payment of \$225 (OR \$375 for two teams) payable to LAW at:  
LAW  
ATTN: Jeff Van Maanen  
N2255 Clements Rd.  
La Crosse, WI 54601.

**January 14<sup>th</sup>** : Team Rosters are due (see form attached to this email)

**Liability forms:** must be signed by each participant's parent or guardian

## Hotel Information

**Microtel Inn** Ph. 608-783-0833  
3240 N Kinney Coulee Road, Onalaska WI 54650  
15 rooms available under (La Crosse Area Wrestlers)  
All rooms have two queen beds includes cont. breakfast.  
Rate \$52.00 plus tax, must book by 12-25-2014

**Super 8** Ph. 608-781-8880  
1625 Rose Street, La Crosse, WI 54603  
20 rooms available under (La Crosse Area Wrestlers)  
All rooms have two queen beds includes breakfast and has a pool.  
Rate \$72.00 plus tax, must book by 12-25-2014

## Tournament Day

### Location

K-6<sup>th</sup> and 5<sup>th</sup> – 8<sup>th</sup> ~ High School at 405 East Hamlin St., West Salem

**There will be concessions (Breakfast and Lunch) available**

### Weigh-ins and Skin Checks

**Weigh-ins are from 7:00 – 8:30 AM; wrestling will start by 9:00 AM**

Skin checks: will be done as a team before the team weigh-in. If you have a questionable issue you need to have it looked and bring a doctors permission with the correct medicine along.

Weigh-Ins will be done as a team. There is only a .9 lb tolerance. For example a 70 pounder can weigh 70.9; if he weighs 71.0 then he has to go 75. *NO EXCEPTIONS!*

**Period Length**

K- 6: will have three 1 min periods

5th – 8<sup>th</sup>: will have three 90 sec. periods

**Directions to the schools are as follows:**

From Interstate 90 take exit 12, if coming from the east, turn right at the stop sign, if coming from west, turn left at the stop sign. Travel about 5 city blocks to East Avenue, turn left and then a right after one block onto Mark St. The High School is at the end of the block on the left.

We are looking forward to having you participate in this event and know that there will be some great competition. If you have any questions please don't hesitate to contact us.

**Contact Information**

Email  
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AJ Bahr

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